

PROVEN,  
 RESULTS-FOCUSED  
 REHABILITATION FOR...

- Back & neck pain
- Sports- & work-related injuries
- Temporomandibular joint disorders (TMD)
- Arm, shoulder, elbow, wrist & hand pain
- Leg, hip, knee, ankle & foot pain
- Tendon injuries, tendonitis & bursitis
- Sprains & strains
- Arthritis
- Automotive injury
- Postsurgical rehabilitation
- Total joint replacement
- Numbness, tingling & swelling
- Headaches & muscle fatigue

CARING, DEDICATED &  
 CONVENIENT...

- Devoted to excellent outcomes since 1986
- Therapist-owned & operated for complete patient focus
- Residency-trained orthopedic manual physical therapists
- Two convenient locations on the NH Seacoast
- Early morning, lunchtime & evening appointments
- Same-day appointments available
- On-time care
- Most insurance accepted & filed
- Network provider for Anthem BlueCross/BlueShield & CIGNA Healthcare HMO, PPO & POS plans
- Visa & MasterCard welcome
- Handicapped-accessible

## PHYSICAL THERAPY REFERRAL

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

History and Date of Onset: \_\_\_\_\_

X-Ray Findings: \_\_\_\_\_

Physical Therapy:

- Evaluate and Treat     
  FCE       EWC       Work Conditioning  
 Additional Instructions:

Frequency: \_\_\_\_\_ Treatments Per Week for: \_\_\_\_\_ Weeks

Precautions: \_\_\_\_\_

Provider's Signature

Date